

Around the Sassolungo



Starting point	Passo Sella
Length of the walk	3 hours
To see	“
Recommended map	Tabacco Alpe di Siusi Altipiano dello Sciliar 1:25000
Difficulty	demanding
Height difference	m. 460 uphill, m. 460 downhill
Signs	525 - 526

The natural beauty of this tour is hard to beat.

The starting point is the **Passo Sella** (2218 m). From the Sciliar Plateau to the Passo Sella and the other way round the bus connections are very good. The very fit can walk to the **Forcella Sassolungo**, following the footpath marked No. 525 going uphill all the time. It is more convenient, however, to take the gondolas, that in a short time bring you to the **Refuge Toni Demetz** (2684 m), refreshment place. Follow the marking No. 526, which descends rapidly into a rocky valley skirted on both sides by the gigantic massifs of the Sassolungo and Sassopiatto, to the **Refuge Vicenza** (2252 m), refreshment place. A beautiful view of the whole **Alpe di Siusi** opens up in front of you. Carry on following the marking No. 526 until you reach a junction, then keep to the right. The footpath now runs nearly level at the foot of the Sassolungo, then uphill again for the last part over a rocky ridge until the **Refuge Comici**, (2155 m) refreshment place. From here it is an easy walk through a soft carpet of grass and luxuriant pastures to the **Città dei Sassi** (Stone City) and the **Passo Sella**, the starting point of this excursion.

Source: Walking guide around the Alpe di Siusi with Castelrotto, Siusi and Fiè allo Sciliar, Edition 2008, published by Elisabeth and Sebastian Trocker