

seiser Alm 

SÜDTIROL 

# Out and About with Nix the Witch

10 adventure  
tours for  
young and old!



This hiking book belongs to

## Hiking Checklist:

- Good, comfortable hiking shoes
- Light, weather-appropriate clothing
- Sun hat, sun protection
- Rain protection
- Warm pullover in case the temperature drops
- Backpack, something to eat and drink while you're out and about

Dear children  
and parents,  
dear hikers!

My name is Nix the Witch, and I live in the Alpe di Siusi holiday area all year round. I love to hike on Europe's largest mountain pasture and around the villages below the mount Sciliar and mount Catinaccio. I stepped off my broom for a while especially for you, and tried out the most exciting and adventurous hikes. And just to make extra-sure that it doesn't get boring, there are also lots of secret tips, exciting stories, legends and riddles to solve. Pack your hiking book away in your backpack, lace up your hiking boots and off we go!



**I wish you lots of fun  
in your expeditions!**

*Yours,  
Nix the Witch*

# Checkpoint mission with Nix the Witch

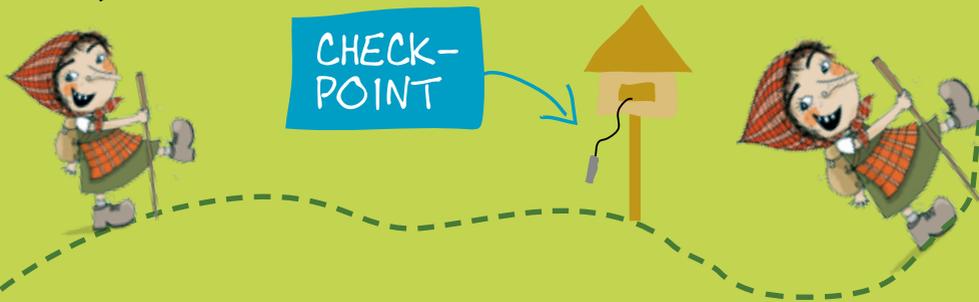
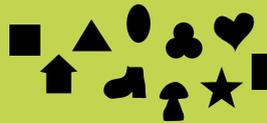
Collect the symbols and hike your way to fabulous prizes!

This booklet doesn't just give you amazing hiking tips – it also takes you on a journey of sport and adventure for the whole family, and the chance to win wonderful prizes while you're at it.

## How does it work?

Inside the booklet you will find a hiking bracelet with ten **10 different symbols**.

On each hike, there is a **checkpoint** where you can stamp your bracelet. These checkpoints are shown on the maps on the following pages. When you arrive at each checkpoint, you will find a ticket puncher with one of these symbols. Use it to stamp the corresponding symbol on your bracelet.



The aim is to collect as many stamps as possible.



Depending on the number of stamps you have collected, you will receive a **great prize and a hiking diploma** when you hand in your hiking bracelet in the information offices:

If you have collected **3 stamps**, you will receive a bronze hiking diploma,

for **5 stamps** a silver diploma,

and if you have stamped **all 10 symbols**, you've earned the gold.



If you haven't been able to stamp all your symbols this year, you can carry on your mission next year. The bracelet, however, can only be given out once.

# Our Dolomite Villages

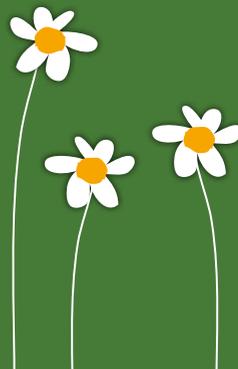


## Welcome to the Alpe di Siusi holiday area in the Dolomites!

If you want to explore the Alpe di Siusi holiday area together with your family, you will find endless opportunities to do just that. Swimming or rowing in the Laghetto di Fiè lake, riding horses or a trip in a horse-drawn carriage, exploring theme trails and much more... there is something to suit everyone.

In the summer months, the programme offers you the chance to spend magical adventure nights in the Prösels Castle or to enjoy the open air feasts with tasty dishes and entertainment for kids.

[www.seiseralm.it/familysummer](http://www.seiseralm.it/familysummer)



The **Alpe di Siusi** is the largest mountain pasture in Europe and is 56 km<sup>2</sup> vast - that's the same size as 8,000 football fields. Because of its unusual shape, the 2,450 m high Sciliar is the emblem mountain of South Tyrol.

**Castelrotto** is inviting you to come for a stroll and browse around the shops in its historic village centre. The Castelrotto church tower is 82 metres high, and is one of the highest church towers in South Tyrol.

From **Tires al Catinaccio** you can see the magical alpine glow on the mount Catinaccio at sunset. This phenomenon is also known as „Enrosadira.“ It is one of the most incredible extraordinary natural spectacles in the world and is a characteristic feature of the Dolomites.

From **Siusi allo Sciliar**, the cable car will take you straight to Alpe di Siusi. In Siusi, there is also an 18-hole golf course, considered to be the most beautiful golf course in South Tyrol. A number of famous guests, such as Carl Zuckmayer and researchers Count Aleksej Bobrinski, Max Valier and Sigurd Ibsen, felt an irresistible pull to this area, and today the magnificent villas of those times remind us of bygone days.

**Fiè allo Sciliar** is a famed spot, and not only as a summer resort and the birthplace of the hay bath; Fiè boast exceptionally good drinking water, also known as the “Blood of the Sciliar:” From a number of sites on the rock massif, it gushes out from its source inside the Sciliar in jets as thick as your arm.



# Alpe di Siusi holiday area

I'll be joining you on your hikes through the Alpe di Siusi holiday area.



Langkofel  
Sasso Lungo  
3.181 m

Plattkofel  
Sasso Piatto  
2.958 m

Rosengarten  
Catinaccio  
2.981 m



Wolkenstein Selva  
St. Christina S. Cristina  
Gröden Tal - Val Gardena  
Filln Kreuz Croce Filln

Puflatsch Bullaccia  
Hexenbänke Panche delle Streghe  
Schafstall  
Hexenstühle Sedie delle Streghe  
Wasserebene  
Kofel Colle  
Tisens Tisana  
Waidbruck Ponte Gardena

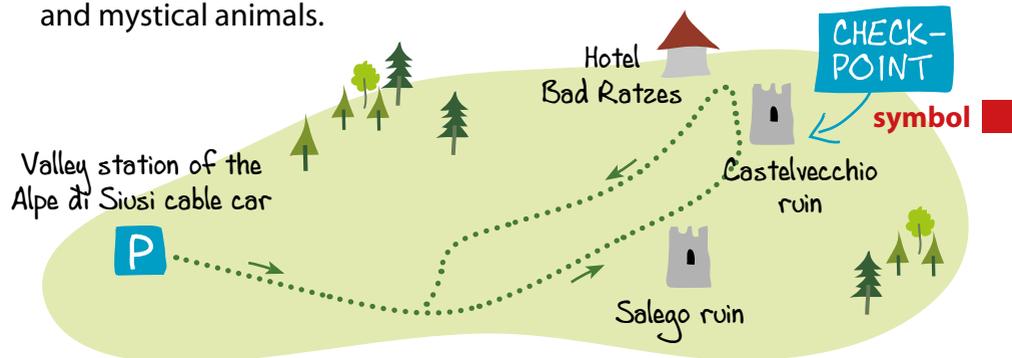
Seiser Alm Alpe di Siusi  
Compatsch Compaccio  
Marinzen Alm Alpe Marinzen  
Seis am Schlern Siusi allo Sciliar  
Pilzweg Sentiero dei Funghi  
Telfen  
St. Oswald S. Osvaldo

Saltria  
Tirler Alm Malga Tirler  
Tschapit  
Schlern/Sciliar 2.450 m  
Völs am Schlern Fiè allo Sciliar  
Völser Weiher Laghetto di Fiè  
Schloss Prösels Castel Prösels

Rechter Leger  
Naturparkhaus Schlern-Rosengarten Centro visite Sciliar-Catinaccio  
Weißlahnbad Bagni di lavina bianca  
Wohnlager  
St. Sebastian S. Sebastiano  
Tiers am Rosengarten Tires al Catinaccio  
Völser Aicha Aica di Fiè  
Bozen Bolzano

## 1 The Oswald von Wolkenstein trail

The Oswald von Wolkenstein trail is a loop trail that leads past the ruins of Salego and Castelvecchio, and features 15 stations where you can stop off and play. There's a lot to discover along this tour, including a knight's table, a knight's sword and mystical animals.



Step into the shoes of a damsel or a pageboy and take a trip back to the days of knights and dragons



**Starting and arrival point:** valley station of the cable car in Siusi



**Parking:** valley station of the cable car in Siusi



**Duration:** 1 h 40 min



**Distance:** 7,8 km



**Elevation gain ascent:** 220 m



**Elevation gain descent:** 220 m



**Difficulty:** easy adventure trail for families, not pram-friendly



**No rest stop or eatery** on the hiking trail



Scan the QR code to upload your GPS tour to your mobile phone!



From the entrance to the **valley station of the Alpe di Siusi** cable car, a paved road branches off towards Salego. Take a sharp left here and make your way up to the **Oswald von Wolkenstein trail**. It winds through the Castelvecchio forest, past the **Salego and Castelvecchio ruins**. Below the castle rock of Castelvecchio, the theme trail carries on towards Bad Ratzes and ends at a forest road.

On the right, a ten-minute detour will take you to the **Hotel Bad Ratzes** where you can have fun in a fabulous **playground**. To the left of the Hotel Bad Ratzes, follow the signpost to "Siusi," and you will be back at the valley station of the cable car in half an hour.



Who was the owner of the sword which was found in 1919 near Castelvechio?

## Oswald von Wolkenstein

Oswald von Wolkenstein (\* 1377) was a late medieval singer, poet and composer. He was born and grew up at Castel Forte (also known as Trostburg) in Ponte Gardena. At around the age of ten, he began his life of hiking and adventuring, and returned to Tyrol around 1400. Oswald inherited a third of Castelvecchio and after many years of fighting for the inheritance, he became the sole owner of the castle in 1427. Legend tells that Castelvecchio is one of the entrances to King Laurin's magical kingdom. In 1445 Oswald von Wolkenstein died in Merano, as a distinguished knight.

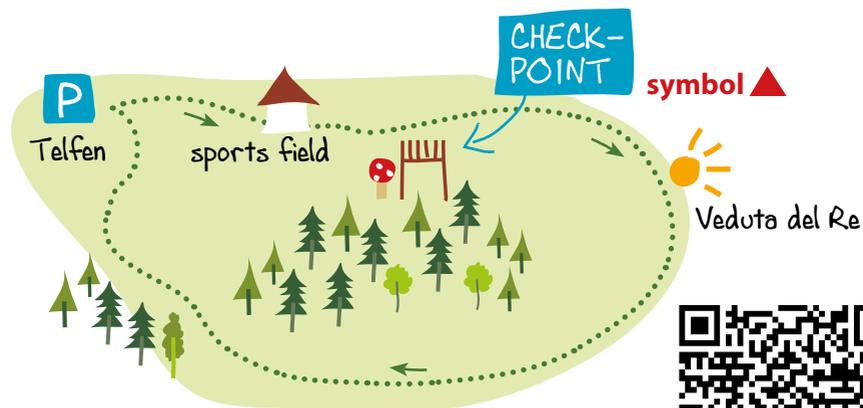
Every year in early summer, the famous Oswald von Wolkenstein Riding Tournament takes place in his honour in the Alpe di Siusi holiday area.

[www.ovwritt.com](http://www.ovwritt.com)



## 2 The mushroom path in the Laranza Wood

The leisurely hike through the Laranza forest makes every hiker's wishes come true: fresh forest air, a panoramic platform, mushrooms carved from tree trunks and a view fit for a king.



Scan the QR code to upload your GPS tour to your mobile phone!

 **Starting and arrival point:** Telfen

 **Parking:** Telfen

 **Duration:** 1 h 45 min

 **Distance:** 6 km

 **Elevation gain ascent:** 90 m

 **Elevation gain descent:** 90 m

 **Difficulty:** easy adventure trail for families, only adequate for trekking prams

 **Rest stop** on the hiking trail



The viewing platform in the Laranza forest



**Tip:**  
Every Wednesday in spring (May-June), a **sunrise breakfast** is served at the King's Vantage Point. Find out more at [www.seiseralm.it/balance](http://www.seiseralm.it/balance).

The set-off point for this hike is **Telfen** (between Siusi and Castelrotto). The first stretch leads towards the sports and football fields, and veers off to the right in direction of the signpost "**Pilzeweg**" (**mushroom trail**) shortly after the sports field. Display boards along the path explain all about the world of mushrooms. On the nature trail, you will meet with death cap, boletus, chanterelle, fly agaric and a wealth of other mushrooms in the form of carved tree trunks. All of these mushrooms grow in the Laranza forest. At the highest point of the route, a wooden **viewing platform** boasts beautiful views over the area. After the short loop trail, the hike continues onwards to the "**Veduta del Re**" – the "**King's Vantage Point.**" This special look-out spot was named for King Frederick Augustus of Saxony, who loved to come here and enjoy the views during his stays in Siusi. The path leads onwards in gentle ups-and-downs through the pine forest and back to the set-off point.



*Mushrooms carved from tree trunks line the trail*



You will find the answers to these questions during your hike:

**1. Approximately how many species of mushrooms are there in the world?**

- 150,000 species
- 1.5 million species
- 10,500 species



**2. In Europe there are about 150 poisonous mushrooms. How many of them are deadly?**

- 10
- 25
- 40

**3. Which of these mushrooms is edible?**

- Death cap
- Fly agaric
- Chanterelle

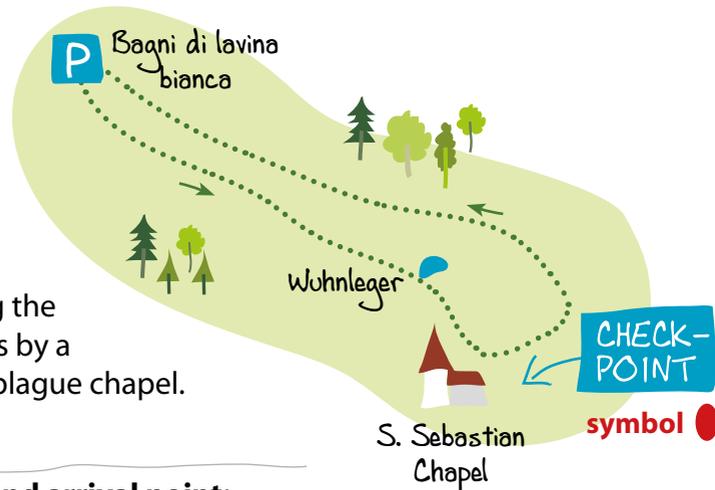
**4. Who is the King's Vantage Point named for?**

- King Laurin
- King Frederick Augustus of Saxony
- Queen Elizabeth II of England



## 3 From Bagni di lavina bianca to the Wuhnleger lake and the S. Sebastian Chapel

This hike boasts fabulous views of the mount Catinaccio. Along the way, you will pass by a small lake and a plague chapel.



 **Starting and arrival point:**  
Bagni di lavina bianca/S. Cipriano

 **Parking:** parking area Bagni di lavina bianca

 **Duration:** 2 h 30 min

 **Distance:** 6 km

 **Elevation gain ascent:** 350 m

 **Elevation gain descent:** 350 m

 **Difficulty:** easy hiking trail for families, pram-friendly, walkable during winter

 **Eatery** near the Nature Reserve Visitor Centre



*The Wuhnleger lake*

From the **Bagni di lavina bianca** car park, follow the forest path uphill through woods and meadows towards the **Wuhnleger**, a small lake which reflects the peaks of the mount Catinaccio and the Vajolet towers, and where you can also see the toads, salamanders and dragonflies who live there. According to witnesses from the times, the Wuhnleger lake formed after the area was bombed in 1943 during World War 2. From there, trail no. 4 leads you to the **S. Sebastian Chapel**, erected in remembrance of the plague. The area known locally as "Weihboden" is also an impressive place, and is thought to have been a cult site in pagan times. When you come to the fork in the road, take trail no. 6 towards the Pattishenhof farm to get back to Bagni di lavina bianca.



Scan the QR code to upload your GPS tour to your mobile phone!

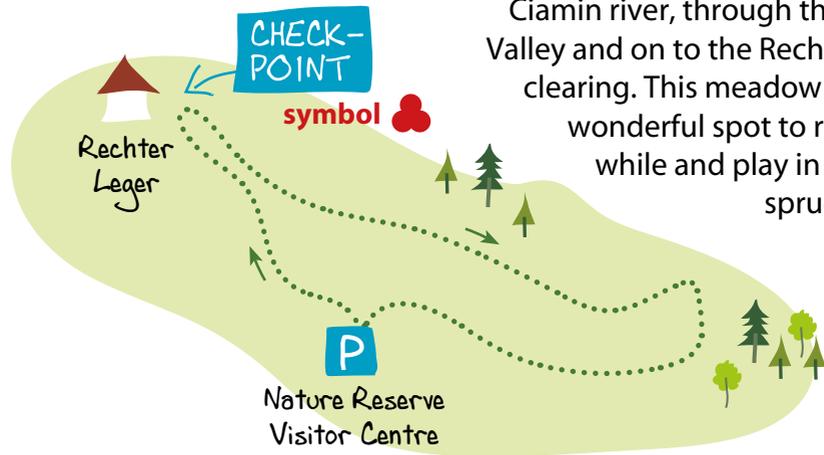


## King Laurin's Rose Garden

In ancient times, the dwarf King Laurin reigned in the mountains known today as Catinaccio or Rosengarten in German (which means rose garden). His greatest pride was his garden with magnificent flowering roses. One day, King Laurin fell in love with the beautiful princess Similde. Using his witchcraft, he abducted her and brought her to his reign. Similde's brother called for the help of Gothic King Dietrich to liberate Similde. Dietrich led his army to Laurin's kingdom and finally subdued the dwarf king. Laurin was incarcerated but he escaped and returned to his rose garden.

When he saw the flowering roses, a terrible rage seized him, and he spoke: „The roses betrayed me. If it weren't for their glow, Dietrich would never have found my kingdom.“ So he put a bane upon the garden: „My garden shall turn into stone. Neither at daytime nor at night shall the roses ever flower again.“ However, he forgot the twilight, so the glow of the roses can still be seen at sunset.

## 4 To the Rechter Leger clearing in the Ciamin Valley



This hike takes you along the Ciamin river, through the Ciamin Valley and on to the Rechter Leger clearing. This meadow oasis is a wonderful spot to relax for a while and play in the thick spruce forest.



### Starting and arrival point:

Nature Reserve Visitor Centre, Tires



**Parking:** parking area Bagni di lavina bianca



**Duration:** 3 h 15 min



**Distance:** 9,2 km



**Elevation gain ascent:** 516 m



**Elevation gain descent:** 516 m



**Difficulty:** medium, not pram-friendly, walkable during winter with snowshoes



**Eatery** near the Nature Reserve Visitor Centre



Scan the QR code to upload your GPS tour to your mobile phone!



Pure nature at the Rechter Leger clearing

### Tip:

The visitors' centre is open from June to October. Every Wednesday, the well-preserved water-powered Venetian saw is set in operation.

The hike begins at the Sciliar-Catinaccio **Nature Reserve Visitor Centre** at the entrance to the Ciamin Valley and leads past the "Schwarzer Lettn" and "Hoher Steg" **springs**. After you pass by the Schaferleger clearing you will come to the **Rechter Leger** clearing, a particularly beautiful vantage point and a wonderful spot to stop off and relax. If you turn left just before the clearing, you will come to a waterfall. To return, make your way back to the turnoff for Bagni di lavina bianca. At the turnoff, walk straight on towards S. Cipriano. Cross the vast alpine meadows facing the Tires Valley, and follow path no. 12 back to Bagni di lavina bianca and the Nature Reserve Visitor Centre.



My most beautiful meadow flowers:

Press your most beautiful meadow flowers in a book and paste them in here.



## Blade of grass music

Have you found a stiff, sharp-edged blade of grass along the way? Then it's time to start playing...

**Hold the blade firmly upright between both thumbs and the base of your thumbs, and blow hard through the gap between your thumbs.** It plays fabulous sounds when you find the right spot! Well, does it work? Practice makes perfect, as you may know, and this is no exception! So try, try and try again and maybe you'll even manage to whistle a tune.



# Fiè allo Sciliar

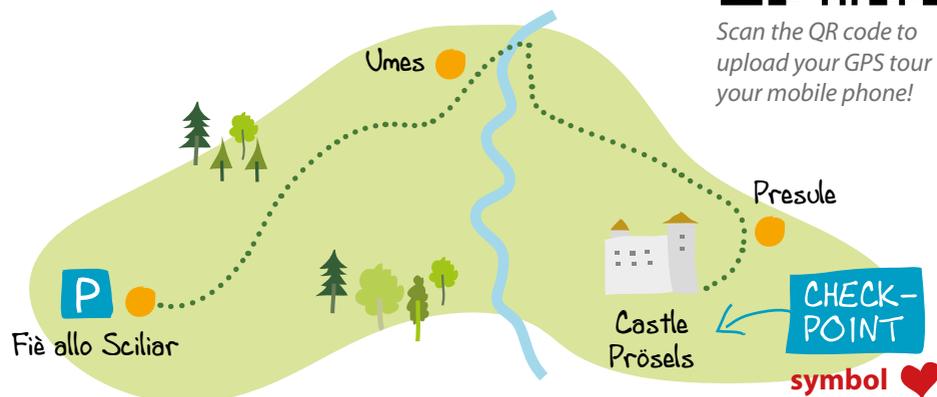
## 5 From Fiè to Castle Prösels

This hike takes you to the historic Castle Prösels, which was built around 1200 by the Counts von Völs. Join a guided tour and take a trip back to the past. There's no room for boredom here!

-  **Starting point:** Fiè allo Sciliar
-  **Arrival point:** Castle Prösels
-  **Parking:** parking garage in Fiè allo Sciliar
-  **Duration:** 1 h 30 min
-  **Distance:** 4,6 km
-  **Elevation gain ascent:** 91 m
-  **Elevation gain descent:** 89 m
-  **Difficulty:** easy hiking trail for families, pram-friendly, walkable during winter
-  **Eatery** on the hiking trail



Scan the QR code to upload your GPS tour to your mobile phone!



Castle Prösels

**Tip:** In summer, you can explore the castle together with my fellow **Witch Martha** or with **Frederick the knight** on a real adventure trip to the Middle Ages!

The hike begins at the tourist information office in Fiè allo Sciliar. Follow trail no. 6 and the signposts leading to "Castle Prösels" through meadows and past farmhouses. After crossing a stream, the path leads slightly uphill through the **village of Presule and the castle**. I would recommend joining a **guided tour** in the castle. You can find out about tour dates and times at the tourist office or directly at the castle. To get back, you can either take bus no. 176 or walk back the same way you came.

# Fiè allo Sciliar

Take a trip back into the past at Castle Prösels

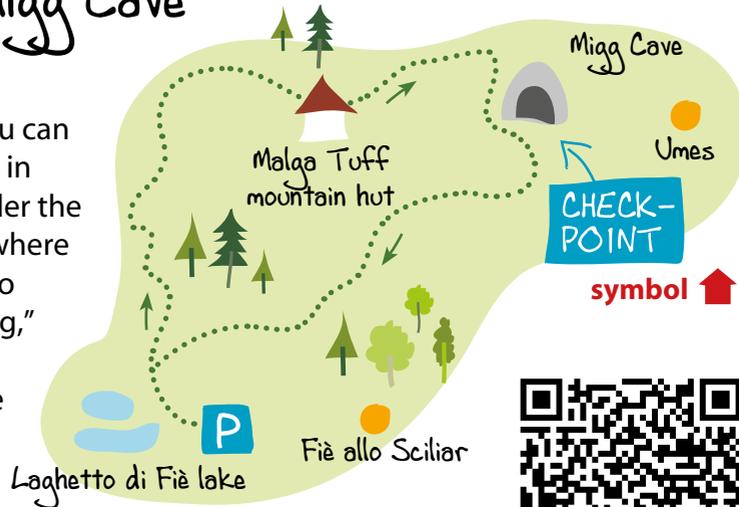


Can you finish the drawing of the knight? What is he holding in his hand?

# Fiè allo Sciliar

## 6 From the Laghetto di Fiè lake to the Migg Cave

Even today, you can still visit a cave in the woods under the mount Sciliar where Franz Migg, also known as "Migg," once lived. Come and take a look at his world...



Scan the QR code to upload your GPS tour to your mobile phone!



**Tip:** In summer, a horse-drawn carriage takes guests from the Laghetto di Fiè lake to the Malga Tuff mountain hut.

### Starting and arrival point:

Laghetto di Fiè lake

 **Parking:** parking area Laghetto di Fiè lake (3,00 Euro a day)

 **Duration:** 2 h 30 min

 **Distance:** 7,8 km

 **Elevation gain ascent:** 316 m

 **Elevation gain descent:** 323 m

 **Difficulty:** medium, pram-friendly and walkable during winter until the Malga Tuff mountain hut

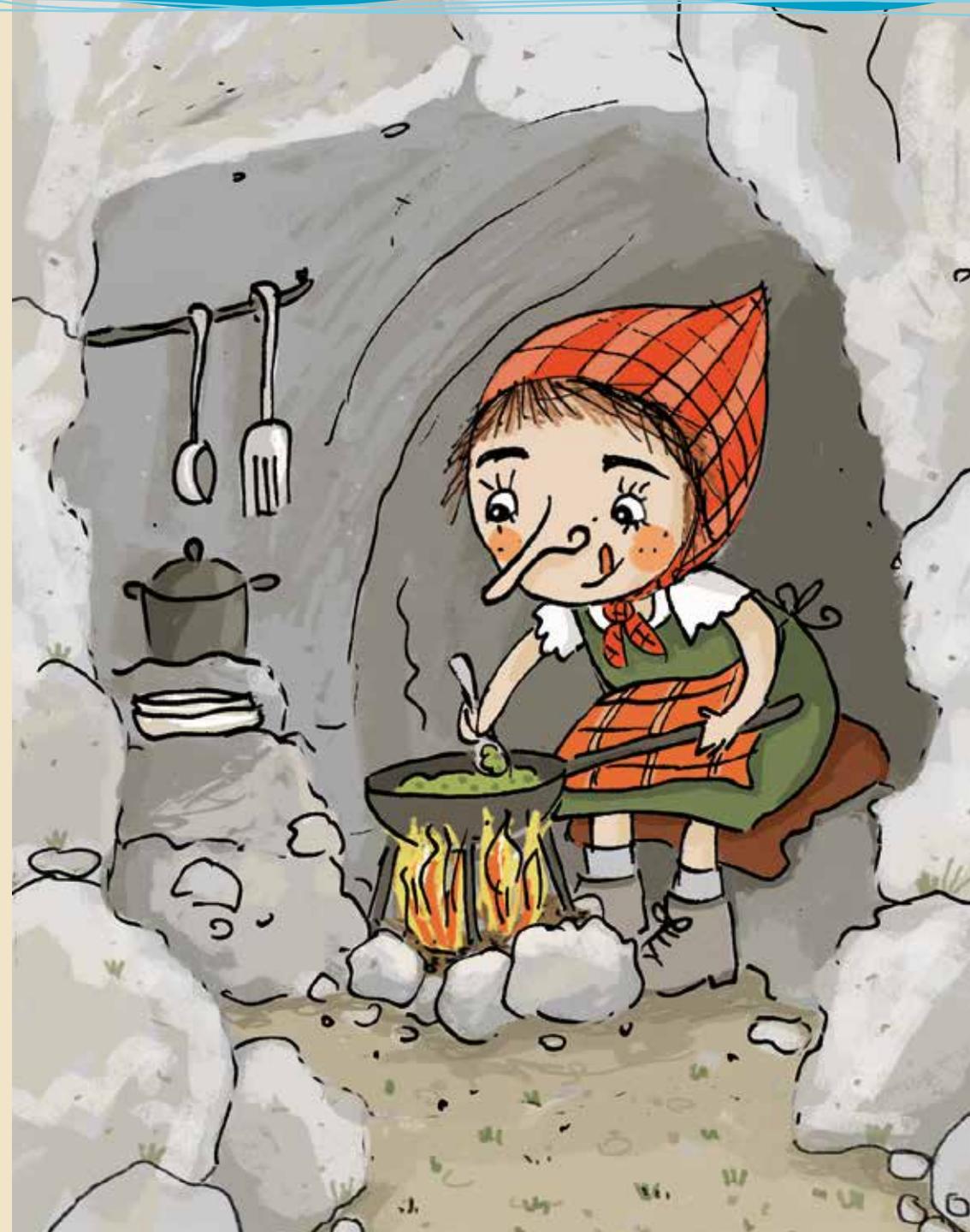
 **Eatery** on the hiking trail



At the **Laghetto di Fiè lake**, which you can also walk around, the trail continues along a pram-friendly forest road (this is a fabulous sledding slope in winter) to the Malga **Tuff mountain hut**, where you will find a fantastic playground and petting zoo with rabbits and goats. Cows and horses, alpacas and even camels graze on the surrounding meadows. Continue through the forest (without a pram!) on trail no. 8. After a small bridge, turn left up a steep path to get to the **cave where Migg lived**. He was an extraordinary person, and you can still see his furniture in the cave, including his bed and simple cooking utensils. To return, you can go past the Malga Tuff mountain hut again or, if you want to continue onwards, follow path no. 8 past Umes to the Laghetto di Fiè lake.

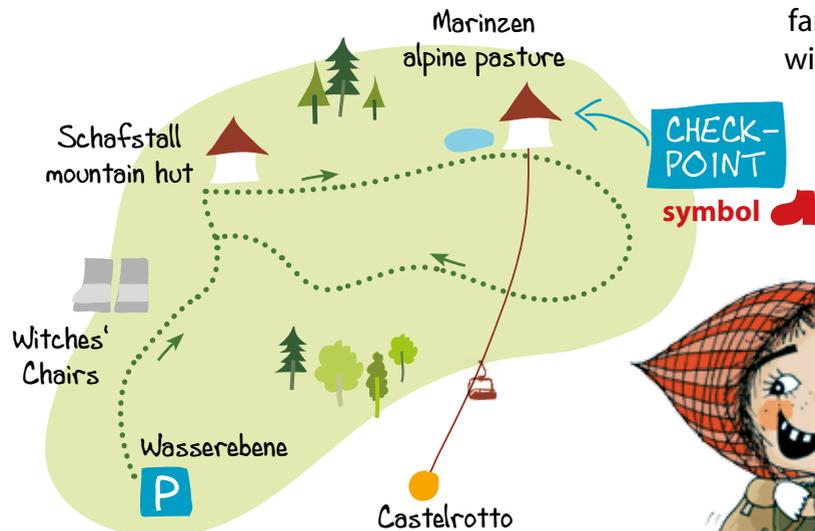
## *“Migg” and the Blood of the Sciliar*

Franz Mich was the son of a poor family from Campodazzo, which is why he came to work on a farm in Fiè di Sopra. During World War 2, „Migg” emigrated to Austria. He came back to Campodazzo after the war had ended, but his parents were no longer there and he did not know where to live. Then he remembered the “Blood of the Sciliar”-Cave and made his way there. He found it once more, decided to make it his home and began to live his life as a hermit. When winter arrived, he was forced to move to a lower-lying cave, the “Goaßkirche”; this was later named after him and came to be known as the “Migg Cave.” Migg lived there mostly in the summer, while in winter he found refuge with kind-hearted farmers from Fiè. He spent his final years in the retirement home in Fiè, where he died in 1977 at the age of 79.



## 7 The Witches' Chairs and the Marinzen alpine pasture

This hike follows the trail of the famous Sciliar witches to the mystical Witches' Chairs.



**Starting and arrival point:**

Wasserebene, sports fields

**Parking:** parking area Wasserebene

**Duration:** 2 h

**Distance:** 4,5 km

**Elevation gain ascent:** 336 m

**Elevation gain descent:** 336 m

**Difficulty:** medium, not pram-friendly

**Eatery** on the hiking trail



Scan the QR code to upload your GPS tour to your mobile phone!



The fairytale Witches' Chairs in the heart of the thick forest

**Tip:**

Take a trip to the petting zoo, the adventure playground and go fishing at the pond at the **Marinzen mountain hut**.

From the **Wasserebene** sports fields, trail No. 8 leads you up the forest slope to the Witches' Chairs. According to legend, the Sciliar witches would stop to rest on these two rock chairs in the Tiosels Forest. The path leads steeply upwards through the forest to the **Schafstall mountain hut**. From here, a leisurely walk along trail no. 9 will take you to the **Marinzen alpine pasture** where you can enjoy a beautiful view of Castelrotto and the surrounding mountains. Path no. 4a leads through meadows and forests back to Wasserebene. Alternatively, you can take the chairlift from Castelrotto (open from mid-May until October) to the Marinzen mountain hut and walk from there to the Schafstall mountain hut. The descent to Castelrotto takes you right past the **Witches' Chairs**.

# Castelrotto



## Ghost hunt

The players spread around the countryside.

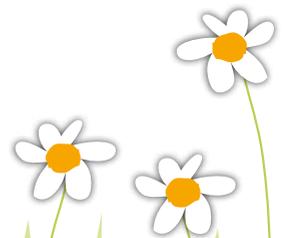
One player is the witch and the others are the ghosts.

When the witch touches a ghost, he or she has been captured and cannot move.

**A captured ghost can only be saved if one of the other ghosts touches him again.**

He is then "freed" and can run and escape from the witch. The job of the witch, then, is not only to capture ghosts but also to guard the "prisoners."

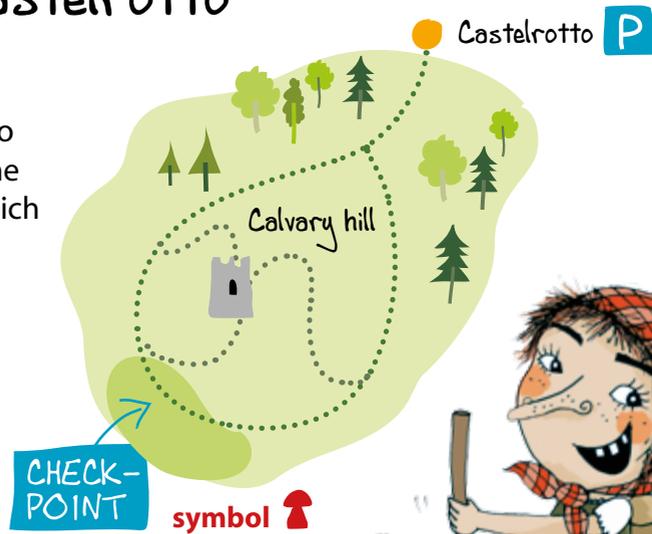
Have fun!



# Castelrotto

## 8 Loop-trail of the Calvary hill in Castelrotto

The name Castelrotto comes from the name „Castel Ruptum,“ which means “destroyed castle.” Historical documents have revealed that a magnificent fortress stood on the Calvary hill.



 **Starting and arrival point:** Village centre of Castelrotto

 **Parking:** parking garage in Castelrotto

 **Duration:** 30 min

 **Distance:** 1 km

 **Elevation gain ascent:** 42 m

 **Elevation gain descent:** 42 m

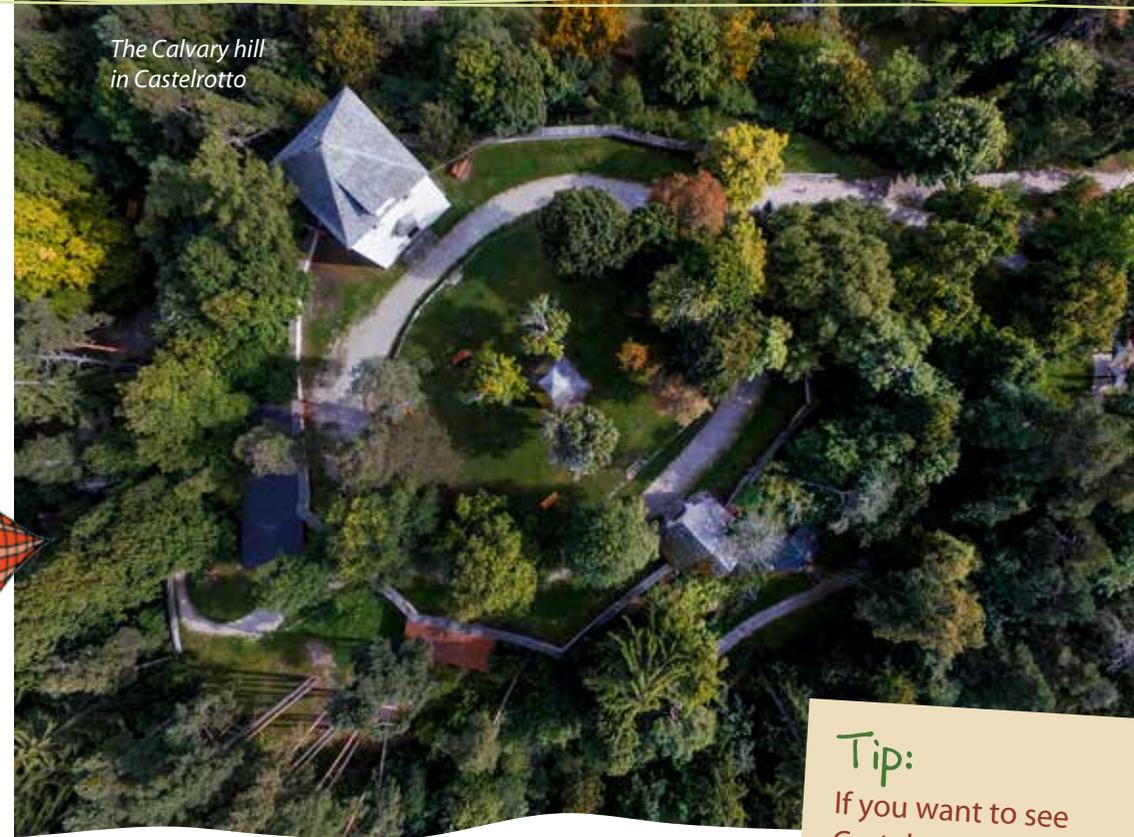
 **Difficulty:** easy, pram-friendly, walkable during winter

 **Eatery** in the village centre



Scan the QR code to upload your GPS tour to your mobile phone!

The Calvary hill in Castelrotto



The set-off point is the historic village square of **Castelrotto**. From here, you pass under the right archway of today's town hall, former residence of the Counts of Kraus, towards the **Calvary hill**. The path leads past two **chapels** to the bowling square. Along the way, you will pass **14 stations** with decorated porphyry plates representing symbols and themes of peace. After circling the Calvary hill and admiring the view over the village with its high church tower and the mount Sciliar in the background, return to the village square.

**Tip:** If you want to see Castelrotto and the Calvary hill from above, you can take a **guided tour to the top of the church steeple**.



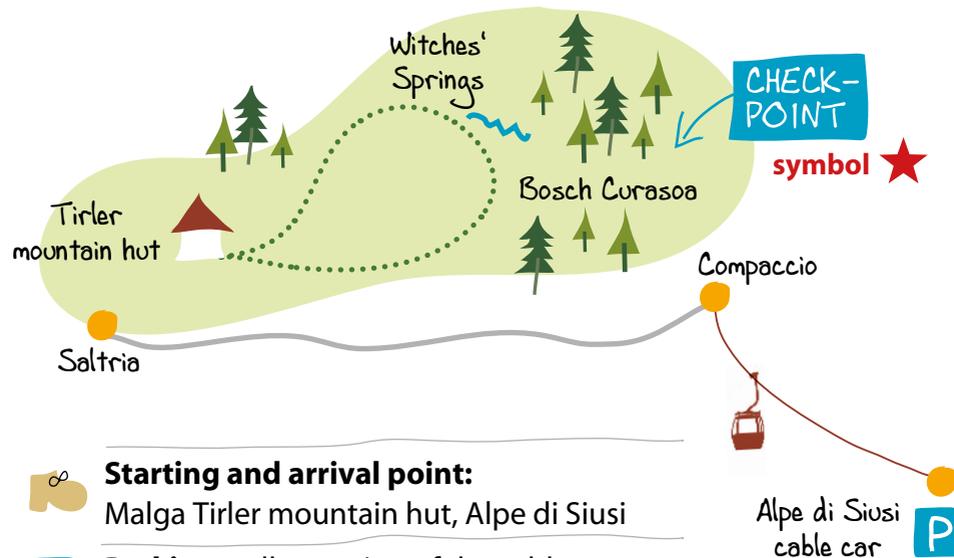
## The Bowling Ghosts

The Calvary hill in Castelrotto is known by many different names as "Kofel", "Colle" or "Castle hill." Legend has it that on this hill, many years ago, stood a magnificent knight's castle where bold knights lived in luxury. These knights liked nothing more than a game of ten-pin bowling at their festivals and tournaments. Their skittles were made of gold, and their bowls of silver. But as time went by, the once-splendid castle fell into ruin. Shady chestnut trees grew in these ruins and sometimes at midnight, at the very spot where they stand, the people of Castelrotto sometimes hear the knights carousing and the thundering of the silver balls as they strike the golden skittles.

# Alpe di Siusi

## 9 The Witches' Springs

Along this sensory adventure trail, you can play, track animals and have endless fun in the countryside. And if you want, you can walk at least a part of the trail barefoot to make it all the more magical and fun. Are you looking forward to it?



In summer, Curadina the witch will lead young visitors through the forest.

 **Starting and arrival point:**  
Malga Tirlir mountain hut, Alpe di Siusi

 **Parking:** valley station of the cable car in Siusi

 **Duration:** 1 h 30 min

 **Distance:** 2 km

 **Elevation gain ascent:** 87 m

 **Elevation gain descent:** 87 m

 **Difficulty:** easy, pram-friendly

 **Eatery** on the hiking trail

Alpe di Siusi cable car 



Scan the QR code to upload your GPS tour to your mobile phone!

Take the **Alpe di Siusi cable car** to Compaccio and from there take bus no. 11 to **Saltria** to the Malga **Tirlir mountain hut**.

Take your shoes off and... we're off and away! The adventure path will prick all our senses: smell, touch, sound, sight, taste, sensing the energy surrounding you and relaxing to the full. The loop trail takes you through the legendary „**Bosch Curasoa**” forest and passes by adventurous stations along the way. The little witch Curadina and her owl will show you the way from station to station. As you walk along woody clearings and swampy lands, you will also pass by healing sulphur springs and carved statues.



# Alpe di Siusi



 This animal is the one for me!  
And you?

Each player thinks of an animal that represents him or her, and writes down the name of the animal on a piece of paper.

All the players then sit down together in a circle!

The youngest player is the “lucky one” and gets to start: Everyone asks him or her a question in order to find out which animal he or she has chosen. The answer to the question can only be “yes” or “no”!

Now let the guessing begin!

**Which animal will you choose?**



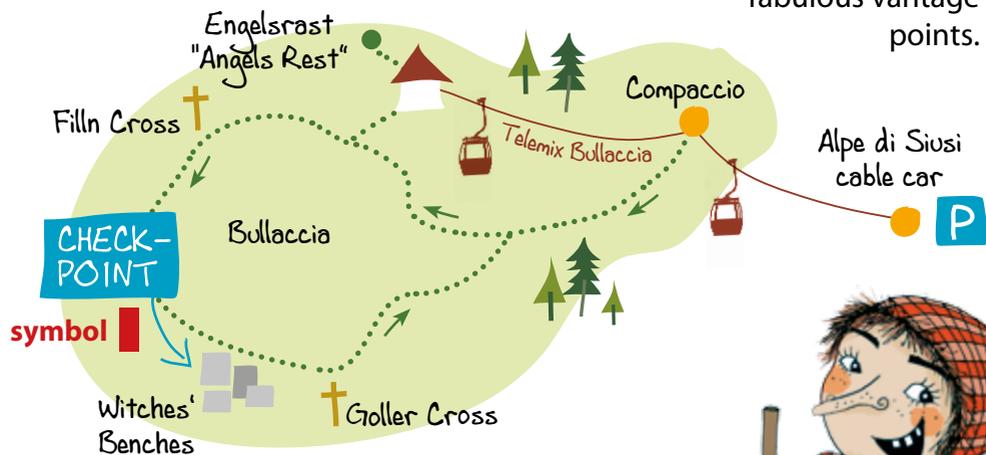
**Will you manage to work as a team and guess the right animal?**



# Alpe di Siusi

## 10 The Witches' Benches on the Bullaccia

This loop-trail around the Bullaccia leads you to legendary sites and fabulous vantage points.



Scan the QR code to upload your GPS tour to your mobile phone!

 **Starting and arrival point:** Compaccio, Alpe di Siusi

 **Parking:** valley station of the cable car in Siusi

 **Duration:** 2 h 30 min

 **Distance:** 7,5 km

 **Elevation gain ascent:** 323 m

 **Elevation gain descent:** 250 m

 **Difficulty:** middle, not pram-friendly, walkable during winter

 **Eatery** on the hiking trail



Panoramic view at the Filln Cross

Take the **Alpe di Siusi cable car** up to the mountain station in Compaccio. To your left, a wide path leads steeply uphill towards **Bullaccia**. If you prefer, you can save yourself this gain and take the Telemix Bullaccia up. From here, walk on to the **Engelsrast ("Angels' Rest")** viewing platform and enjoy the view of the surrounding peaks together with the angel who is resting there. The loop route leads on to the **Filln Cross** and the **Witches' Benches**: According to legend, witches used to dance here - and even today you can see the stone benches with their backrests! The path now leads down to the **Goller Cross** and, with a view of the mount Sciliar in sight, back to Compaccio, the set-off point of the tour.

### Tip for winter:

**"Witches flight" over the Alpe di Siusi.** The Witches' Ski Tour promises non-stop fun for skiers of all ages. You can access this fairytale loop route by cable car from Siusi to Alpe di Siusi, and from Ortisei to Alpe di Siusi. The stations along the route guarantee endless fun and action.

# Alpe di Siusi



The Witches' Benches

## Hans Kachler, the Warlock and the legend of the "Tschon Stoan"

Hans may have looked like an ordinary farm laborer, but believe me: In reality, he was a powerful warlock capable of performing amazing feats of magic. And besides that, he was also as strong as a bear.

The ominous man was indeed a sorcerer, a master of the witchcrafts. They said that with one sentence he could spring from the mount Sciliar onto his balcony and that when in rage he could throw heavy rocks from the mount Sciliar to the Alpe di Siusi. The "Tschon Stoan", a huge bolder lying on the meadows of the Alpe di Siusi, right in the middle, is said to have been thrown by the Kachler Hans from Mount Petz one day that the witches drove him mad.



My best experience:

The proceeds from the sale of this hiking booklet will be donated to the non-profit association "Südtiroler Kinderdorf" who takes care of children and adolescents in situations of discomfort. Thank you very much!



Südtiroler Kinderdorf

For children, youth and parents



Forewell until  
your next hike in  
the Alpe di Siusi  
holiday area!

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