Autumn Pleasures in the Dolomites region Seiser Alm

05.09. – 04.11.2022

The mountain autumn brings together outdoor experiences with a magnificent landscape and an outstanding cuisine.

Guided sunrise hikes with breakfast in a mountain refuge, culinary hikes with tasting sessions, and “Törggelen” hikes are just a few of them.

Registration until the day before in the tourist offices or online: www.seiseralm.it/mountainautumn

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Raiffeisen Kastelruth - St. Ulrich

Raiffeisen Schlern-Rosengarten

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Seiser Alm

Sunrise hike on mount Sciliar with breakfast at the Schlernhaus mountain refuge

DATES
Tuesday, 06.09.2022 and 13.09.2022
START
4:00 am
RETURN
12:30 pm
DURATION OF THE HIKE (WITHOUT REST)
4:00 h
DIFFICULTY
difficult – good physical condition is required
PRICES
55,00 € per person

Information & registration:

Seiser Alm

Sunrise hike on the Rosszahn ridge with breakfast in the Tierser Alpl hut

DATES
Saturday, 10.09.2022, 24.09.2022, 01.10.2022 and 15.10.2022
START
between 4:20 am and 5:15 am
RETURN
10:30 am
DURATION OF THE HIKE (WITHOUT REST)
4:35 h
DIFFICULTY
difficult – good physical condition is required
PRICES
55,00 € per person

Information & registration:

Völs am Schlern

Winegrowers of Fiè – Tradition at the feet of the Sciliar Guided farm visit with wine tasting

DATES
every Tuesday at 5:00 pm
06.09.2022: Winery Besserer
13.09.2022: Winery Grottner
20.09.2022: Winery Gump Hof - Markus Prackwieser
27.09.2022: Winery Prackfoler
04.10.2022: Winery Wasserer
11.10.2022: Winery Besserer
18.10.2022: Winery Grottner
PRICES
15,00 € per person

Information & registration:

Völs am Schlern

Törggelen: Hiking, wine tasting and culinary delights

DATES
Every Friday
from 30.09.2022 until 04.11.2022
9:00 am – 3:30 pm
MEETING POINT
Parking place at Prösels Castle
PRICES
Adults: 55,00 €
Children until 16 years: 35,00 €

Information & registration:

Tiers am Rosengarten

Sunrise hike to the Völsegg Peak and mountaineer breakfast at the Tschafon hut

DATES
Every Thursday from 08.09.2022 until 27.10.2022
START
between 4:15 am and 5:00 am
RETURN
12:00 pm
DURATION OF THE HIKE (WITHOUT REST)
5:20 h
DIFFICULTY
medium – good physical condition is required
PRICES
45,00 € per person

Information & registration:

Seiser Alm

Sunrise hike on the Plattkofel peak with breakfast at the Plattkofel mountain hut

DATES
Friday, 16.09.2022 and 07.10.2022
START
between 3:05 am and 4:00 am
RETURN
11:00 am
DURATION OF THE HIKE (WITHOUT REST)
4:00 h
DIFFICULTY
difficult – good physical condition is required
PRICES
55,00 € per person

Information & registration:

Völs am Schlern

E-Mountainbike pure pleasure tour - culinary delights, culture, nature and sport

DATES
Monday, 26.09.2022, 10.10.2022, 24.10.2022
Wednesday, 14.09.2022, 28.09.2022, 12.10.2022, 26.10.2022
10:00 am - 4:00 pm
ROUTE
30 km / 1.200 metres difference in altitude / easy tour
MEETING POINT
Tourist office Völs am Schlern
PRICES
79,00 € per person
(129,00 € with rental bike)

Information & registration:

Seis am Schlern

“Keschtn” and wine Enjoying food and wine in the village centre of Seis am Schlern.

DATE
Friday, 07.10.2022
Start: 2:00 pm
MEETING POINT
Terrace of the Visitor Center Nature Park,
O. v. Wolkenstein square 6, Seis am Schlern

Information: