

Weekly program at Tiers am Rosengarten

Guided snowshoe hiking

From January 5th to March 14th, 2025

Monday: Snowshoe Hike through the Nigra Forest

Experience an enchanting circular hike on the snowy plateau between Tiers and Welschnofen, where sparkling snowfields and majestic mountain panoramas allow you to fully immerse yourself in the winter serenity of South Tyrol.

Tour Description: After ascending with the cable car from Tiers, we begin our hike at the Frommeralm hut. We hike past the Niger Pass and take trail No. 1 towards Schillerhof. Before reaching it, we turn towards Hagneralm hut and continue on to Jocherhof. After a lunch break, we return to the starting point via Nigertal valley.

Meeting Point: Parking area of cable car station Tiers – 09:00 h | Departure with the cable car at 09:15 h

Hiking Time: Approximately 5 hours

Ascent: Approximately 400 m

Descent: Approximately 400 m

Difficulty: Technically easy hike, good basic fitness required

Refreshment Stop: Jocherhof

Tuesday: Snowshoe Hike beneath the Rosengarten

Immerse yourself in a winter wonderland with an unforgettable panoramic hike past the imposing walls of the Rosengarten and the awe-inspiring Vajolet Towers, where the silence of the snow and the majesty of the mountains create a truly magical atmosphere.

Tour Description: After taking the Tiers cable car, our hike begins at the Frommer Alm. Passing the Baumannschwaige, we reach the Legend Trail, which we follow to the Angel Meadows. After a short break, the path leads us down via the Plafötsch Alm to St. Zyprian, our starting point.

Meeting Point: Parking area of cable car station Tiers – 09:00 h | Departure with the cable car at 09:15 h

Hiking Time: Approximately 5 hours

Ascent: Approximately 300 m

Descent: Approximately 900 m

Difficulty: Moderate hike, good basic fitness required

Refreshment Stop: No refreshment stop available, it is recommended to bring a packed lunch

Wednesday: Snowshoe Hike in the Carezza hiking area

Discover the winter idyll of the Carezza ski area with a snowshoe hike under the impressive rock walls of the Rosengarten – a winter experience that will enchant you.

Tour Description: After ascending with the cable car from Tiers, we take the public bus to bus stop Kaiserstein, where we start our hike. The first part of the hike leads us initially downhill to the hotel Moseralm and then uphill across the Kölbllegg-Frin meadows to Kuregg, below the Kölner Hütte refuge at 2,000 m. After a short descent, we reach the Messnerjoch alpine hut, where we take a lunch break. The subsequent descent leads us back to the Tiers cable car.

Meeting Point: Parking area of cable car station Tiers – 09:00 h, departure with the cable car at 09:15 h | Welschnofen cable car mountain station - 09:30 h

Hiking Time: Approximately 4 hours

Ascent: Approximately 500 m

Descent: Approximately 500 m

Difficulty: Moderate hike, good basic fitness required

Refreshment Stop: Messnerjoch hut

Thursday: Snowshoe Hike in the Latemar Area

Experience the pure magic of winter with a snowshoe hike in the deep winter Latemar area, where untouched snowy landscapes and the imposing panorama of the Dolomites promise an unforgettable nature experience.

Tour Description: After a short bus ride, we begin our hike at the Paolina Chairlift Valley Station. The trail climbs steadily through the Latemar Forest towards the Latemar Hut and continues on to the Labyrinth Trail. Once we have crossed this impressive section, we arrive at the Mitterleger. From there, we descend towards the Grandhotel and finally return to our starting point.

Meeting Point: Paolina – 09:00 h | with the bus 186 from Tiers/St. Zyprian and the bus 180 from Eggental Valley

Hiking Time: Approximately 4.5 hours

Ascent: Approximately 400 m

Descent: Approximately 400 m

Difficulty: Moderate hike, good basic fitness required

Refreshment Stop: No refreshment stop available, it is recommended to bring a packed lunch

Friday: Snowshoe Hike on Seiser Alm

Experience the unique beauty of the Seiser Alm, the largest high alpine pasture in Europe, with a snowshoe hike through endless snowfields and enjoy spectacular views of the Dolomites.

Tour Description: After ascending with the cable car from Seis, we start our hike in Compatsch and hike via Panorama and Tschapit towards Goldknopf. Depending on preference, we can take the lunch break at Mahlkecht hut with a subsequent toboggan ride down to Salscia, or alternatively, we can have lunch at Almrosen hut followed by a hike down to Salscia. Following this, we return to the starting point by bus and cable car.

Meeting Point: Entrance of Seiser Alm cable car station at 9:20 h, departure from St. Zyprian (Tiers) at 08:35 h by bus 176

Hiking Time: Approximately 4 hours

Ascent: Approximately 450 m

Descent: Approximately 450 m

Difficulty: Technically easy hike, good basic fitness required

Refreshment Stop: Almrosen hut or Mahlkecht hut

Saturday: Snowshoe Hike through the Tschamin Valley

Immerse yourself in the untouched wilderness of the Tschamin Valley with a snowshoe hike and enjoy the silent beauty of this pristine winter landscape, framed by the majestic peaks of the Rosengarten.

Tour Description: Our hike begins at the parking area of the Tiers cable car. From there, we climb up via Runggün to the “snowshoe gate”. The route continues across the Doss Meadows into the idyllic Tschamin Valley, reaching the Rechter Leger. We then cross the Tschamin stream and follow the opposite side of the valley outwards to the Untertrompedeller Schwaige, where we enjoy a well-deserved lunch break. Afterwards, we make our way comfortably back down the valley to the starting point.

Meeting Point: : Parking area of cable car station Tiers – 9:00 h

Hiking Time: Approximately 5 hours

Ascent: Approximately 550 m

Descent: Approximately 550 m

Difficulty: Technically easy hike, good basic fitness required

Refreshment Stop: Untertrompedeller Schwaige hut

Registration at the tourist office Tiers am Rosengarten within 16:00 h the day before the event.

+39 0471 642127 or info@tiers.it or www.seiseralm.it/events

Participation fee 30,00 € (snowshoes, cable cars and lunch not included).