

DOLOMITES

SEISER ALM

KASTELRUTH – SEIS – VÖLS – TIERS

Autumn pleasures  
in the mountains

01.09.–30.10.2026

SÜDTIROL



DOLOMITES  
SEISER ALM  
KASTELRUTH – SEIS – VÖLS – TIERS

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seiseralm.it

Register by the day before at the tourist offices  
or online: [seiseralm.it/mountain](https://seiseralm.it/mountain)

|                      |                  |
|----------------------|------------------|
| Kastelruth           | +39 0471 706 333 |
| Seis am Schlern      | +39 0471 707 024 |
| Seiser Alm           | +39 0471 727 904 |
| Völs am Schlern      | +39 0471 725 047 |
| Tiers am Rosengarten | +39 0471 642 127 |



OFFICIAL PARTNER



Mehr Nähe. Mehr Bank.

Komma Grafik - Fotocredit: SAM/Helmuth Bae, SAM/Reinhold F. SAM/Manuel Kettnersteiger, SAM/Edwin Dapiaz, SAM/Wolfgang Garfeller, DAM/Frieder Bickel, DAM/Armin Huber, IDAM/Damian Petrol, IDAM/Alex Flitz, Egon Reisch, Astrid Dill, Annelies Stiller, Gudine Schwaige



#### SEISER ALM

##### Guided Sunrise hike to the Schlern with breakfast at the Rifugio Bolzano

DATES  
TUESDAY, 01.09., 08.09., 15.09., 22.09., 29.09.2026

START  
between 3:20 a.m. and 4:10 a.m.

RETURN  
11:00 a.m.

TOTAL WALKING TIME  
5 hours

DIFFICULTY  
difficult—good physical condition is required

PARTICIPATION FEE  
€55.00 per person

Info &  
registration



#### SEISER ALM

##### Guided sunrise hike to the Plattkofel with breakfast at the Plattkofel Hut

DATES  
Friday, 04.09., 11.09.2026

START  
2:15 a.m.

RETURN  
11:00 a.m.

TOTAL WALKING TIME  
3 hours and 45 minutes

DIFFICULTY  
difficult—good physical condition is required

PARTICIPATION FEE  
€55.00 per person

Info &  
registration



#### TIERS AM ROSENGARTEN

##### Guided sunrise hike to the Völsegg peak with breakfast at the Tschafon Mountain Refuge

DATES  
Wednesday, 09.09., 16.09., 23.09., 30.09., 07.10., 14.10., 21.10.2026

START  
between 4:30 a.m. and 5:40 a.m.

RETURN  
12:00 p.m.

TOTAL WALKING TIME  
5 hours and 20 minutes

DIFFICULTY  
difficult—good physical condition is required

PARTICIPATION FEE  
€55.00 per person

Info &  
registration



#### SEISER ALM

##### Guided sunrise hike to the Rosszahncharte ridge with breakfast at the Tierser Alpl mountain refuge

DATES  
Saturday, 19.09., 26.09.2026; Friday, 02.10.2026; Saturday, 17.10.2026

START  
between 4:15 and 4:45 a.m.

RETURN  
11:00 a.m.

TOTAL WALKING TIME  
4 hours and 30 minutes

DIFFICULTY  
difficult—good physical condition is required

PARTICIPATION FEE  
€55.00 per person

Info &  
registration



#### KASTELRUTH

##### Guided hike, farm visit & egg specialties

DATES  
Thursday, 10.09., 17.09., 24.09., 01.10.2026  
2:00–5:30 p.m.

MEETING POINT  
Kastelruth Tourism Association,  
Krausplatz 2

PARTICIPATION FEE  
Adults: €15.00  
Children up to age 11: €10.00

Info &  
registration



#### VÖLS AM SCHLERN

##### Törggele Hike: Guided hike, wine tasting, and Törggele lunch

DATES  
Friday, 02.10., 09.10., 16.10., 23.10., 30.10.2026  
9:00 a.m.–3:30 p.m.

MEETING POINT  
Prösels Castle parking lot,  
Völs am Schlern, Prösels

PARTICIPATION FEE  
Adults: €60.00  
Children ages 8–16: €45.00

Info &  
registration



#### SEIS AM SCHLERN

##### Old handicraft under the Schlern Craftsmanship and Live Music

DATES  
Saturday, 19.09.2026  
10:00 a.m.–5:00 p.m.

Artisans showcase their skills: basket weaving,  
knife making, barrel making, and much more!  
There will also be musical entertainment, a farmers' market,  
a children's play area, and willow weaving workshops.  
Regional delicacies will be available!

VENUE  
Seis am Schlern village square,  
O. v. Wolkenstein-Platz 6

Info



#### VÖLS AM SCHLERN

##### E-Mountainbike pure pleasure tour

DATES  
Wednesday, 02.09., 09.09., 16.09., 23.09., 30.09.,  
07.10., 14.10., 21.10., 28.10.2026  
10:00 a.m.–3:30 p.m.

ROUTE  
30 km / 1,200 m elevation gain  
moderate-difficulty tour

MEETING POINT  
Völs am Schlern Tourist Association  
Boznerstraße 4

PARTICIPATION FEE  
€70.00 per person  
(€120.00 with bike rental)

Info &  
registration

